

Best Medispa:**Sculpted Contours Luxury Medical Aesthetics**

Workouts and healthy eating not cutting it? Nonsurgical procedures like CoolSculpting and Ultherapy provide major help tightening everything from your abs to your neck at this luxe med spa. *Buckhead, @scontours*

Best Esthetician:**Kathleen Denney at Changes: A Journey to Beautiful Skin**

Put your best face forward. Denney solves all your skin woes, from acne to hyperpigmentation and helps maintain your youthful glow with her skilled fingers and luxurious facials. Just ask client Jennifer Lawrence. *Buckhead, @changesskincare*

Best Bike Shop: Peachtree Bikes

Working on your bike swagger? This too-cool-for-school bike shop outfits you with stellar gear, clothes, sustenance and a set of wheels for your commute, mountain-biking excursion or road race. *Multiple locations, @ptreebikes*

Best Personal Trainer: Madeleine Conti

This ACE-certified trainer is all about transformation, having whipped her own bod into lean, mean shape to compete in seven NPC bodybuilding competitions. With a certification in orthopedic exercise, Conti's tips torch cals quickly and safely. *Westside, @mcontifitness*

Best Barre Studio: Svelte

From the signature barre to barre boot-camp classes set to upbeat music, it's no wonder Brookhavens and more flock to this studio to get long, lean and strong. *Brookhaven, @sveltefit*

**Best Day Spa: Natural Body Spa**

Unwind at one of eight Georgia locations with an array of R&R services, which include massages, facials, waxing, body therapies and nail services featuring Kneipp and Jurlique products. *Multiple locations, @naturalbodyspa*

Best Massage: Massage Envy

Don't be deterred by its franchise model, Massage Envy's professional massage therapists have the Midas touch. Restore your Zen with a sports, deep-tissue, Swedish, trigger-point or reflexology massage, and add on the signature Hot Stone Envy treatment for ultimate bliss. *Multiple locations, @massageenvy_atl*

Best Hair Extensions:**Van Michael Salon**

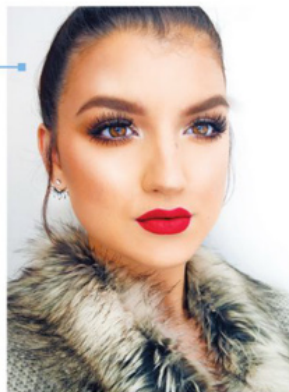
It's fair to say that the people at Van Michael Salon know what they're doing when it comes to gorgeous hair. Look like an A-list Atlantan with perfectly color-matched SO.CAP. or Platinum Seamless extensions that you'll want to make permanent. *Multiple locations, @vanmichaelsalon*

Best Local Makeup Artist:**McKenzie Mann at Raw Bronzing Studio**

With her training in the fine arts (she has a BFA from SCAD) and passion for cosmetics and color, Mann makes you the best version of yourself. If it's any indicator, her YouTube beauty tutorials have caught the eye of more than 20,000 subscribers. *Multiple locations, @rawbronzing*

Best Hair Colorist: Rebecca**Crispin at Steve Hightower Hair Salon & Day Spa**

This Steve Hightower protege is a pro at giving clients everything from golden-blond hues to rich brunette shades, thanks to her artistic eye and background as a master cosmetologist and photographer. She is also certified in Great Lengths USA hair extensions for some extra va-va-voom. *Buckhead, @hightower_steve*

**Best Dermatologist:****Southern Institute of Aesthetics**

Instead of offering every latest and greatest procedure to hit the market, Dr. Angela L. Bookout carefully curates the medical-grade products and services she offers to bring your skin only the best in medical, surgical and cosmetic options. *Westside*

**Best Manis & Pedis: Sugarcoat**

Featuring chic environs and an impressive nail-color assortment (including its own signature line), it's no wonder this place garnered the No. 1 spot to get your tips in top shape. Choose from mani-pedi services like the Express if you're short on time, or the Escape to Fiji with shaping, cuticle care, coconut scrub and body-butter massage. *Multiple locations*

Best Specialty Fitness Studio: Orangetheory Fitness

It's clear Atlantans can't get enough of this signature 60-minute class designed to get heart rates in the orange zone, which promotes excess post-exercise oxygen consumption so you can burn cals post-workout to create a fab physique. *Multiple locations, @otheoryfitness*