

[NOW IN ATLANTA]

TRENDWATCH

LIFE'S A PICNIC

...OR AT LEAST IT SHOULD BE. SLIP INTO GINGHAM, THIS SEASON'S SUNNIEST STAPLE, AND TOAST TO SUMMER!

By Jacqueline Z. Grossnickle



CHECKS, PLEASE! 1. Small Manray satchel, \$1,795, by Mark Cross at barneys.com 2. Gingham Kieran shirtdress, \$1,590, by Altuzarra at Nordstrom, Phipps Plaza and Firenze 1-strap sandals, \$995, similar styles by Altuzarra at net-a-porter.com 3. White studded cat eye sunglasses, \$565, by Prada at Sunglass Hut, Lenox Square 4. Dior knot belt, \$740, by Dior at Saks Fifth Avenue, Phipps Plaza 5. Vintage 2004 Champagne, \$159, by Dom Pérignon at nearest fine wine purveyor 6. Laliqne 100 Points by James Suckling Champagne flutes, \$140 each, at Neiman Marcus, Lenox Square 7. Wool blanket, \$1,100, at Bottega Veneta, Phipps Plaza 8. Kitty cutout leather peep-toe pumps, \$875, by Tabitha Simmons at net-a-porter.com 9. Bubbles earrings, \$179,000, at Chanel Fine Jewelry, 212.535.5828 10. Happy Diamonds timepiece with 2.54 carats of diamonds and stainless steel case, \$37,570, by Chopard at Saks Fifth Avenue, Phipps Plaza

FAB 5

Summer-Ready Skin

'TIS THE SEASON TO TRADE SWEATERS FOR SUNDRESSES! HERE ARE FIVE WAYS TO WHIP YOUR SKIN INTO SUMMERTIME SHAPE. —AP

1.

Bronzing

Get glowing at Raw Bronzing Studio's new location between Peachtree City and Newnan (of course, there's still the Midtown option for those who prefer ITP). Choose from the original bronzing session, or the skin option if you need to shower sooner. \$35 for original, \$45 for rapid, rawbronzingstudio.com

2.

Body Detox and Tone

Reset your skin from head to toe with this 105-minute experience that includes exfoliation, an algae wrap, a scalp massage and a massage with detoxifying oil at the Spa at the Mandarin Oriental. \$260-\$285, mandarinoriental.com/atlanta

3.

CoolSculpting

Say sayonara to cellulite without surgery thanks to this one-hour procedure offered at Sculpted Contours. The treatment freezes fat cells (banishing them from your body), with results beginning to show in three to four weeks. \$700, sculptedcontours.com

4.

Sugaring

Try this tender skin-friendly alternative to waxing at Sweet Peach Wax & Sugaring Studio. The sweet organic paste they use prevents ingrown hairs and will leave skin feeling soft and fuzz-free. \$10-\$250 depending on area, sweetpeachwax.com

5.

Trim and Tone

The Spa at the Four Seasons Hotel Atlanta will have your stems set for shorts with their 50-minute lower-body treatment that incorporates body firming products, an exfoliating scrub, a lymphatic massage and cupping to tone and tighten. \$165, fourseasons.com/atlanta



BEACH PHOTO BY ALEXY KLIZMA/STOCKSY